

**Make a
difference**

All positions
for
those 18
and older



JOB OPENINGS IN HEALTH AND WELLNESS

Strong Kids Leader

- Enjoy working with youth and desire to influence youth towards healthy activity habits
- Personal workout experience, and/or professional experience with exercise/coaching/etc. preferred
- Evening availability of 1-3 hours/week during Strong Kids sessions

Group Exercise Instructors

- Monday and/or Friday 9 a.m. availability
- Enjoy working out and connecting with people
- Personal workout experience and/or group exercise experience preferred
- In-house instructor training provided, if needed
- Also looking for Group Exercise Instructor with Monday, Wednesday and/or Friday 6 a.m. availability

**For more information contact Keisha Lockhart
at keisha.lockhart@ymca-ywca.org**